



ACP Medianje

KOREA MEDICAL TOURISM



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ACP Medianje

KOREA MEDICAL TOURISM

Why Gangnam ?

Gangnam springs to the forefront of many travelers' minds when we talk about Seoul. It is the place where you can enjoy advanced medical technology and sightseeing at the same time. Fuel up with positive energy via thorough and considerate treatments and travelling to Gangnam's hottest places!

 *Mediange*
ACP메디앙주
MEDICAL TOURISM

3C

A blue-tinted X-ray image of a human hand, showing the bones of the fingers and palm. The image is positioned in the upper half of the page, with text overlaid on it.

From advanced general hospitals to cosmetic surgery clinics, all the elements of Korea's medical tourism are at Gangnam. You'll experience various areas of expertise, technology and medical services as the most number of international medical tourists visit here.

JAE-JOON LEE, MD
Head of International Health Services, Samsung Medical Center

Credible

Korean medical technology and services boast a world-class level and one out of five international medical tourists visiting Korea comes for Gangnam's medical tourism. Patients from around the globe experience a wide array of Gangnam's superior medical services such as health checkup, treatment for serious illnesses and cosmetic surgeries.

Experienced specialists conduct consultations and surgeries, and they strive for safety and rapid recovery of their patients throughout the process from their operating rooms, equipped with the latest medical devices, to postoperation. Furthermore, patients can undergo a surgery without any doubts at hospitals which have installed a transparent operation system.



Gangnam's medical coordinators provide care services for you to feel at home. When you use an online real time consulting service, we guide you through choosing an appropriate hospital, medical team and treatment planning.

ALLISON RAINS

English coordinator of JK Plastic Surgery Center

Careful

In each medical institution in Gangnam, medical tourism coordinators of different languages are available. They provide you a consulting service before choosing a hospital and also full services from treatment, operation, recovery, postoperative care, hospital discharge to online care service even after returning home. There are many reliable medical institutions in Gangnam which are certified by Korea's Ministry of Health and Welfare.

When choosing a hospital, it is vital to check the availability of an anesthesiologist, whether safe system is equipped in operating rooms, recovery room and hospital facilities, and also all consent forms are translated into patient's native language. Especially, it is important to check their surgery results and postoperative care system.



Welcome to Seoul for your Gangnam medical tour. Gangnam Medical Tour Center is located in Apgujeong-dong, the core of fashion and Korean Wave. We provide interpretation services, medical tourism and recommendation on tourist sites in the area.

JENA KIM
Coordinator of Gangnam Medical Tour Center

Comfortable

Medical tourists around the world visit Gangnam for its superior medical technology and concierge services. With the assistance of Gangnam Medical Tour Center, a single medical tourist can receive assistance with interpretation service, immigration, medical treatment, sightseeing and departure.

Sightseeing in Gangnam is easy by using convenient subways, and traditional and modern attractions coexist while various affordable accommodations and five-star hotels are clustered together.



Confidence in **GANGNAM**

Gangnam-gu, trusted by medical tourists around the world

Attracting more than 90,000 foreign medical tourists every year, Gangnam-gu is a mecca for medical tourism. From cosmetic surgery and dermatology treatment to oriental medicine and general health exams, many people are highly satisfied with the facilities and treatment at excellent medical institutions in Gangnam-gu, including molding, skin, oriental medicine and screening. Skilled staff, state-of-the-art equipment and facilities, and reasonable prices are what make Gangnam medical tourism the more attractive and competitive

*Source: Korea Health Industry Development Institute

Interpretation services at hospitals in Gangnam and while touring Korea

ACP Medianje Tour Korea has 42 medical tourism interpreting coordinators that speak 8 different languages, and they are ready to help whenever you need an interpreter at the hospital or while touring. According to a survey conducted on services provided at the Center, interpreting coordinators received 91% level of satisfaction.

*Source: Gangnam-gu Office



Acclaimed specialists, kind medical staffs and considerate coordinators collaborate together to provide the best medical service. Boost your beauty and self-confidence from trusted Gangnam's medical institutions.

World-class
Medical Skills

52.7%

5-year cancer
survival rate

Attractive Tourist Sites

1/10

Cost of health exams
compared to the US

Advanced Korean medical technology acknowledged by the world

Korea is said to have a higher 5-year cancer survival rate and liver transplant survival rate than that of the United States. Typically, the 5-year survival rate of stomach cancer is 52.7% in Korea and 29.3% in the United States. According to OECD statistics, Korea's 5-year survival rate for cervical cancer was ranked at #2 in the world.

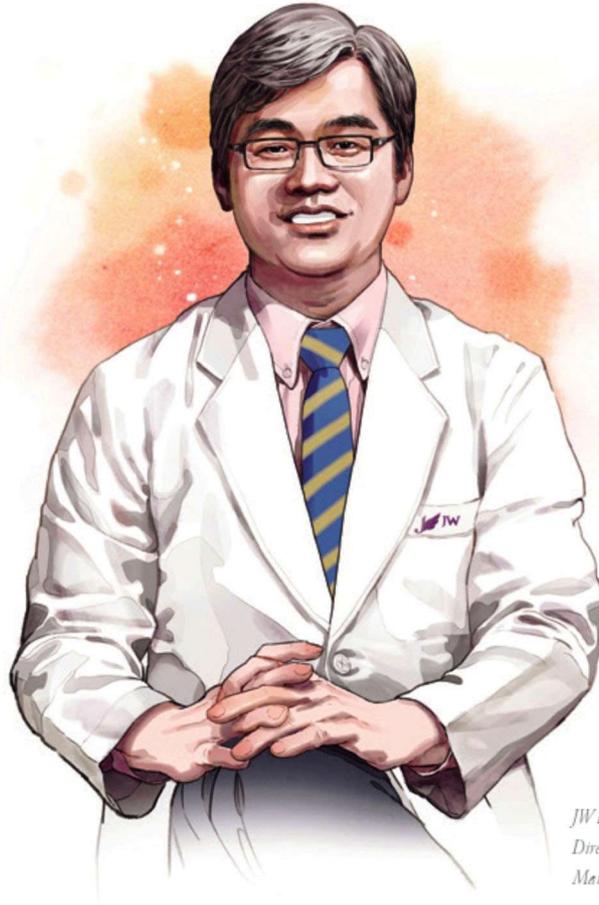
*Source: National Cancer Information Center website, 2016

Quality services & technology, reasonable costs

According to the global market research firm RNCOS, the cost of a heart bypass surgery in Korea is 20% of the cost in the US, while knee replacement surgery costs 50% less. In Korea, the cost for health checkups that include CTs and MRIs is the cheapest among OECD countries, and about 1/10 of the United States.



World-renowned Cosmetic Surgery Technology of Gangnam



*JW Plastic Surgery Clinic,
Director / Plastic Surgeon
Mangun Seo, MD*

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Cosmetic surgeries should be performed in the safe scope of patient's body tissues, and safe tissue handling techniques and materials are vital.

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Many people choose to have cosmetic surgeries to look prettier and younger, but safety is of the utmost importance.

Q More than 35% of Korea's cosmetic surgery clinics are located in Gangnam where about 400 medical institutions are clustered together. What is the competitive differentiation of cosmetic surgeons in Gangnam?

I believe it's their advanced technology and superior services. As the competition is so fierce, surgeons in Gangnam are pas-

sionately upgrading their skills and thus Korean cosmetic surgery technology is recognized globally. In addition, hospitals with the latest facilities are equipped with devices for safety. Also their superior services for patients are another strength.



Cosmetic reoperations require highly advanced techniques so it's important to find a specialist.

Q Patients who suffer from side effects from cosmetic surgeries are coming to Korea for a reoperation. Why are the reoperations of eyes and nose so important?

Many patients undergo reoperations because they are unsatisfied with prior results. It may be due to asymmetry, postoperative side effects, or functional problems. Reoperations require a consideration of various aspects such as difficulty of scar tissues' adhesion, functional parts and psychological aspects of patients.

Q Postoperative care is important particularly for eyes and nose cosmetic surgeries. What are the criteria to be considered before choosing a cosmetic surgery clinic?

Despite performing a successful surgery, the results may vary depending on postoperative management. Though it may be a simple procedure, postoperative care plays an important role in the recovery process. Patients should choose a hospital which would be responsible and address the issues in the event of unexpected problems or side effects.

Q Why would you recommend Gangnam medical tour to international tourists and what are the attractions in Gangnam?

Gangnam is a mecca of Korean medical care and the capital of plastic surgery where the best medical staffs are concentrated. Hospitals are equipped with outstanding medical infrastructure and they are well advanced than those of other regions. Numerous affordable accommodations and five-star hotels are concentrated in Gangnam and there is a wide range of famous restaurants and entertainment options.



It's wise to choose a responsible hospital with a medical team equipped with technology, superior services and postoperative care services for its patients.

MEDICAL INFORMATION

Checklist for Choosing a Cosmetic Surgeon

Check whether your designated doctor conducts consultations and also performs your surgery. It's also important to check preoperative preparation, operation process, availability of an anesthesiologist for postoperative monitoring, and dedicated recovery room for postoperative patients.





Personalized Facial Contouring Cosmetic Surgery



HERSHE Plastic Surgery & Dermatology,
Director / Plastic Surgeon
Young-choon Jeong, MD

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To achieve an ideal facial shape which is individually customized it's important to have a surgery with an integrated approach of considering the entire facial skeleton, skin and muscle conditions.

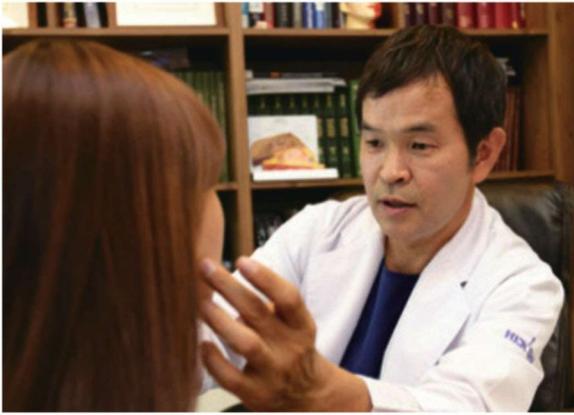
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For a facial contouring surgery, minimal invasive procedures help to result in a slim facial line and rapid recovery.

Q When is a facial contouring surgery needed and how is it conducted? What kind of effects can we expect after the operation?

It's most important to review overall facial skeleton. A facial contouring surgery is effective if the shape of the jaw is too thick or squared. Meanwhile, though the size of the facial skeleton is small, a

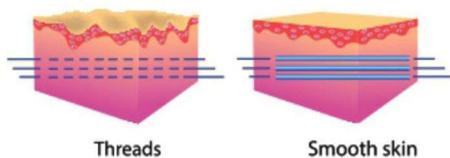
U-shaped face with a lot of fat on the chin line or face can be improved by a liposuction. Botox is injected to the part where the masseter muscle (mastic muscles on the side of jaw) is developed, and thread lifting procedure is performed on chin line for a younger appearance.



For a safe operation, priority is given on diagnosis based on an in-depth consultation.

Q What are the types of facial contouring surgeries and how can we get the best results?

Direction of surgery has to be adjusted to patients' conditions. This includes reviewing the reason for bone development or muscle and soft tissue problems. Likewise, in order to achieve the best result, lifting design and procedure should be conducted depending on patients' facial shape. It's more effective to use laser, facial liposuction, botulinum toxin, filler and fat autografting to complement the limits of thread lifting procedure.

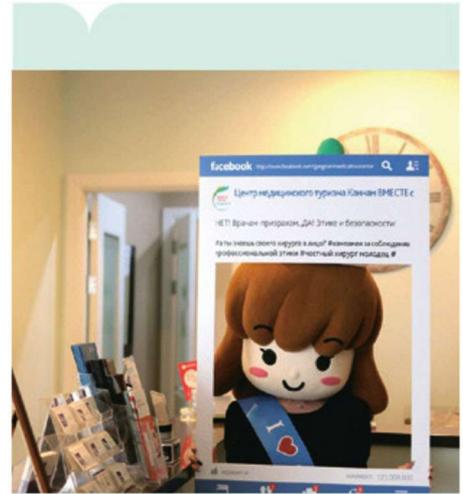


Q What is specialized operation management system in cosmetic surgery clinics in Gangnam?

Most plastic surgery clinics in Gangnam pay close attention to basic hygiene, infection control, anesthesia, cardiopulmonary resuscitation (CPR), and post-operative care. Each hospital endeavors for patients' safety and fast recovery by installing safety management and postoperative system. Additionally, many hospitals are participating in the transparent operation system campaign so that patients undergo operations safely.

Q Why would you recommend Gangnam medical tour to international tourists, and which tourist sites would you recommend?

Among numerous attractions in Gangnam, Cheongdam-dong is a popular place in the area. It's a hot place among foreign tourists because of the Cheongdam Luxury Fashion Street and SM Entertainment with many Korean idols.



For patients' safety, Gangnam Medical Tour Center conducts a campaign to ensure that medical institutions abide by the transparent operation system.

MEDICAL INFORMATION

"Foreign Patient Mystery Shopper" conducted by Gangnam-gu District Office

Foreign patients visit hospitals as "mystery shoppers" to test their medical services. Interpretation services, waiting time, accurate consultation on operations, explanation on side effects, adequate operative fees are evaluated.





Sophisticated Technique with Profound Experience



*JK Plastic Surgery Center,
Director / Plastic Surgeon
Soon-Young Kwon, MD*

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Korean plastic surgeons are highly skilled and have anatomical knowledge and a strong sense of aesthetics.

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When choosing a hospital, check the availability of an anesthesiologist and postoperative care system.

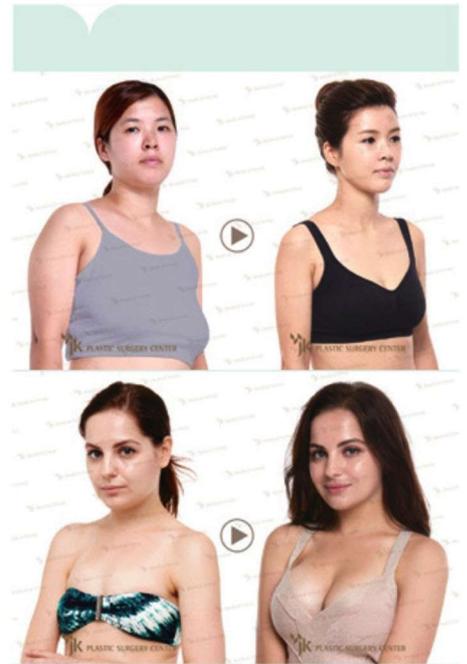
Q Why is it important to choose an experienced specialist when considering breast augmentation or reduction for cosmetic or therapeutic purposes?

It's important to choose a plastic surgeon who has mainly performed breast surgeries. They have the expertise and sophisticated techniques based on their

number of experiences, and only then satisfactory results can be obtained. Pre-operative examination and breast cancer screening are required as most breast surgical procedures are performed under general anesthesia.



It's vital to choose the right specialist in order to prevent side effects of surgery and achieve satisfactory results.



It's important to choose optimal breast prosthetic implants based on the individual's anatomical character and overall balance of the body.

MEDICAL INFORMATION

Postoperative Care for Breast Surgery and Fat Grafting/Liposuction

It is essential to follow postoperative care guidelines given by the hospital, such as wearing a compression band and ways of wearing undergarments. For postoperative care of fat grafting and liposuction, LED light technology is used to reduce swelling or bruising.



Q What are the types of prosthetic implants for breast cosmetic surgeries and the criteria to be considered? What are the differences among incision methods?

It's better to choose breast implants depending on the shape of the patient's breast and skeletal pattern. Water drop-let implants make the upper part of the breast look natural while round implants make larger volume of breast. The latest incision methods are armpit, lower breast crease and periareolar incision. The advantage of armpit and periareolar incision method is that they do not leave a scar on breast while lower breast crease incision is easy to operate.



Q What is the difference between fat grafting and liposuction? Who needs such treatment, and where is it mostly performed on?

Fat transfer or grafting is to extract unnecessary fat from parts of the body, and inject it into the necessary area. The most popular area is the face: forehead, cheek and chin; and fat is also injected in breast and hips to add more volume. Liposuction is a surgical procedure to remove unnecessary fat. Preferred areas are abdomen, flanks, forearms and thighs, and ultrasonic waves or laser are used to destroy fat cells.

Q Tell us about the operation to remove the fat accumulated in the abdomen, and what are the ways to restore loose skin after weight loss or pregnancy?

We recommend abdominal plastic surgery to remove loose skin. There are limits in recovering loose abdominal skin by skincare or physical exercises. During surgery, stretched skin is reduced and the enlarged abdominal wall and muscles are restored to their original shape, so patients can have a slender and firmer waist line. As an incision method is performed, it leaves a scar below the pelvis but it can be covered by underwear or swimwear.



Clean, Clear, and Younger Skin



*Arundson Nava Dermatology & Plastic Surgery Clinic,
Chief Director
Sang-jun Lee, MD*

“

Core thread lifting is a 1.5-hour procedure without general anesthesia and it's a Korean beauty skin program to improve wrinkles, elasticity and skin texture for younger appearance.

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In order to reduce the side effects of fillers, finding a reliable specialist is more important than choosing the the right medication.

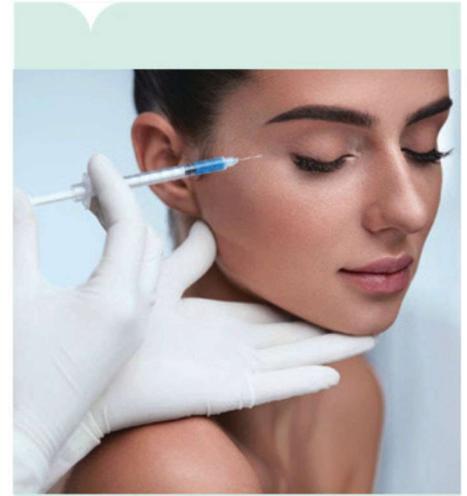
Q What are the most popular anti-aging procedures among international patients who visit Gangnam?

Ulthera, Thermage and core thread lifting are non-surgical anti-aging procedures that are popular. Ulthera and Thermage procedures use ultrasound and high frequency treatment to tighten skin and

regenerate collagen to treat wrinkles. Core thread lifting uses a specially designed thread to create a facial contour. Non-surgical procedures are evolving as Profound Plus and Tune Eyes lifting methods have been introduced.



Restylane, which contains FDA-approved hyaluroic acid, and Yvoire and Cleviel are safe and long-lasting. Get a consultation for find the right one for you.



In terms of eyebrow filler, for Caucasians it's better to inject it on forehead to elevate the edge of eyebrows and for Asians the injection should be applied to make flat and straight eyebrows that would match aesthetically.

Q What is the difference between filler and Botox, and where are they most commonly used on? How effective are they? Why is it important to choose a specialist?

The filler treatment uses calcium and hyaluronic acid to add volume and it shows an immediate effect compared to Botox. Meanwhile, Botox treatment uses botulinum toxin to temporarily paralyze the muscle and stop the movement. It is used for square jaw reduction, nasolabial fold and rhinoplasty. Fillers should be used with anatomical knowledge to avoid blood vessels, while Botox treatment should be performed considering the amount of muscle.



Q What is core thread lifting procedure that is popular as a non-surgical way to improve wrinkles and skin elasticity?

Core thread lifting is a procedure that uses a specially designed thread to lift the skin and add a volume to parts needed due to loss of fat or bones, and it adds definition to facial contours. Along with Ulthera and Thermage treatments, it can be customized based on the degree of aging, facial structure, and skin conditions.

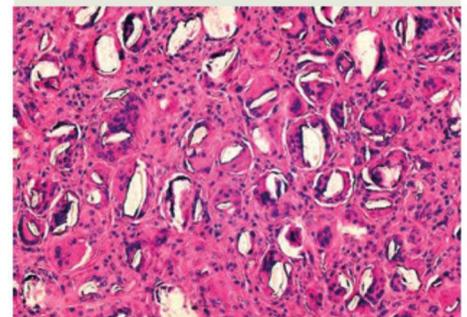
Q Which procedure of filler or Botox is best for Asian and Caucasian faces considering their different characteristics?

The difference between Asian and Caucasian standards of ideal beauty is the jawline. Caucasians tend to prefer higher cheekbones and a more angled jawline. On the other hand, Asians like a slender V-shaped jawline and choose Botox to slim down the jawline and fillers to reduce cheekbones. The filler treatment for nose bridge augmentation is popular only among Asians.

MEDICAL INFORMATION

Sculptra: Collagen-Promoting Injections for Natural Volume

Sculptra is a collagen injection approved by the FDA in 2003 for the treatment of facial fat loss in people with AIDS. It is suitable to recover facial volume by boosting collagen production in the body.





Korean Traditional Medicine for Beauty and Weight Loss Treatment



*Kwangdong Hospital of Traditional Korean Medicine,
Director
Nuri Kang, MD*

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A joint treatment system of Korean and Western medicine is effective for skin and weight loss. More satisfactory results can be obtained via combination of Oriental beauty treatment and herbal medicine based on personal constitution along with Western laser and injection treatment.

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For weight loss, a joint treatment program of Korean and Western medicine prescribes customized herbal medicine, acupuncture and injection procedure with fat-decomposing effects.

Q Please tell us about various Korean traditional medicine procedures for aesthetics, obesity, spine, and infertility treatment.

Major beauty treatments of Oriental medicine include acupunctures for beauty, regeneration, and v-line contour. They minimize side effects by using the natural healing power of the skin and brings about natural beauty. Lately, the joint treatment system of Korean and Western medicine has been under the spotlight

and for example, Korean acupuncture and laser treatment was used simultaneously to treat skin elasticity and freckles.





The major advantage of Oriental beauty treatment is that it is natural and safe without any chemical implant.

Q What are the major Korean traditional medicine treatments for cosmetic surgery and weight loss treatment? For whom do you prescribe acupuncture treatment and herbal medicine?

Typical Korean traditional cosmetic therapies include regenerative acupuncture (cosmetic acupuncture), and weight loss treatments include lipolysis acupuncture and moxibustion. Acupuncture is widely used to treat facial elasticity and fat decomposition of abdomen, forearms and thighs. Particularly, herbal medicine prescription is important to treat obesity and it can effectively improve patients' physical constitution. This helps with dietary control and metabolism.

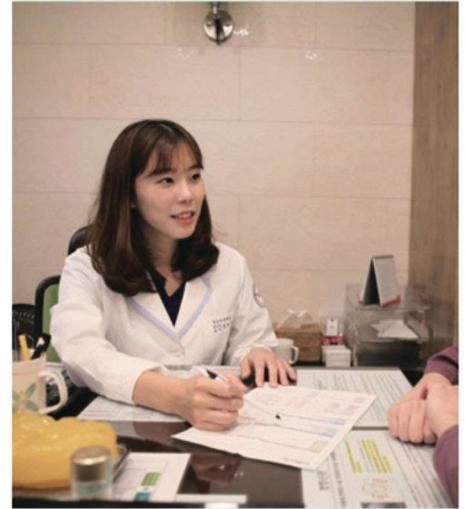
Q What is Sasang medical theory of Korean traditional medicine? Tell us about how Sasang medicine classifies constitution and food compatibility.

Sasang medicine is a medical theory founded by Lee Jema in the late Joseon Dynasty (about 1700 ~ 1850). People's constitution is divided into four types: Tae-yang, Tae-eum, So-yang, and So-eum: and they are treated differently by the classification. Each constitution is

different in yin and yang energy so their food compatibility differs. For Tae-yang cold and plain food such as seafood and vegetables are good, and for Tae-eum it's better to avoid spicy, salty and fatty food. For So-yang, cold food such as meat and fruits are good while for So-eum warm foods work better. Check your constitution and get a consultation.

Q Tell us about oriental spa and herbal medicine tea therapy and their effectiveness.

Oriental spa is conducted with a customized prescription in order to find the balance of body, face and mind. This is more specialized than ordinary spa and massage. Such oriental spa programs vary from hospital to hospital; manual therapy is used for correction, moxibustion, chuna therapy and scrub are performed for blood circulation of face, and facial cosmetic acupuncture. Herbal medicine tea therapy promotes body to release toxins in the body and Korean traditional tea strengthens blood circulation and immunity.



Acupuncture procedure is performed by specialists with profound experience and it can treat wrinkles around eyes and forehead.

i MEDICAL INFORMATION

Guidelines on Herbal Medicine for Weight Loss

Depending on the purpose of prescription, consumption method of Korean traditional medicine may vary. For weight loss treatment, herbal medicine is usually taken before meals to make patients feel full and help them with dietary control.





Personalized Preventive Management to Specialized Screening



Life Center Chaum,
Director
Sang-wook Yoon, MD

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Though it's a hospital, VIPs come as they can have a health checkup in a private space with comfort at the level of a hotel

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Q Why do international celebrities and high-ranking officials come to Gangnam to get a health checkup?

For example, Chaum provides a private space called “Hive room” which is a specially designed examination system for the convenience of international patients. The Hive System is a new paradigm

checkup service that allows patients to receive one-stop screening at a single location, ensuring privacy (except certain screenings). This has received a fervent response from Muslim women who are not permitted to expose their body parts for religious reasons. For a family group, a special medical examination is offered that guides a comprehensive method of physical exercises, spa and meals for all members of the family are provided in addition to basic screening.



Q After a one-stop health checkup, which lasts less than two hours, in Gangnam, many foreigners enjoy sightseeing in the area. Could you introduce any specialized health checkup program other than a general examination?

In addition to a medical examination, which can detect diseases in the body, there are specialized tests that predict diseases and provide customized preventive management programs. They include tests on heavy metal accumulation in the body, immune cell activity, food allergies, digestive metabolic functions, and even DNA tests to learn their own genome information. Patients can correct their bad habits and create their own health portfolio.

Q In Gangnam, there are various health checkup programs and screenings at different costs. What kind of criteria should be considered before choosing?

Patients should look for the most cost-effective program after a comprehensive analysis of gender, age, disease risk factors, lifestyle, family history, previous screening results, and recent symptoms. With the help of an experienced consultant, it's best to find a specialized center that provides a personalized screening program. Chaum first conducts a consultation by specialized nurses to organize a medical examination program, and then it provides the most effective customized screening program by coordinating detailed screenings based on the preliminary examination by specialists.

Patient-centered Treatment for Critically Ill Patients

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Proton therapy machine and cutting-edge medical technology such as Gamma Knife and robot surgery are changing the paradigm of cancer treatment

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Q Gangnam's advanced general hospitals are famous for its high success rate of treating serious diseases such as cancer, spinal and cerebrovascular diseases. Could you share an outstanding treatment case and the latest medical technology?

The Samsung Medical Center is known as an advanced comprehensive general hospital for patients with severe illnesses. Medical faculty who are highly recognized locally and internationally are treating patients by using newest medical technology in stem cell therapies, cancer-targeted therapies, and cancer, cardiac and cerebrovascular surgeries. Especially, it has been very successful in treating intractable remote metastatic cancers and the survival rate of elderly cancer patients aged 80+ is high due to its customized therapies such as proton therapy.

Q What type of personalized care services are there for foreign patients?

Samsung Medical Center's International Health Services Center provides various concierge services such as airport pickup, transportation, and hotel services to pre-

*Samsung Medical Center,
Head of International Health Services
Jae-joon Lee, MD*



vent any inconvenience for patients while staying in Korea. There are also English, Russian, Arabic, Chinese and Mongolian coordinators that provide interpretation services. IHS is very convenient and easy to use as is it contracted with global insurance companies. Additionally, it provides various types of meals such as Western, Russian, Halal, and Mongolian, as well as international TV channels.

Q For a foreign patient who wishes to use a general hospital, it's not easy to choose a medical team, make an appointment and visit the hospital. What kind of assistance is provided for such patients by hospitals?

It's not easy to make a doctor's appointment at a Korean hospital while you are living abroad. Samsung Medical Center's International Health Services strives to help such international patients. When a patient makes an appointment at Samsung Medical Center via email, phone or online, a coordinator and nurses will request further information on the patient. Once they compile the information, the IHS recommends and arranges the appropriate medical team and suggest treatment plans. They also guide with expected duration of their stay and hospital expenses. If there is a preferred medical staff, patients can directly request.



From Non-surgical Treatment to Most Challenging Treatment



Wooridul Hospital,
President
Joon-seok Bae, MD

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As minimally invasive spine surgery is under the spotlight, Korea is leading spine treatment on a global level.

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Q Korea's endoscopic spine surgery and treatment technology is under the spotlight globally. Could you introduce spinal treatments and their effectiveness to international patients who come to Korea for better treatment?

The major trend in the world's spine treatments is minimal operation: minimally invasive surgery and endoscopic procedure. The key point of endoscopic procedure is to treat the cause of lesion through endoscopy. Its advantages are fast recovery and rare side effects as the treatment is performed without an incision. Spine surgeries are usually challenging but the operation is minimally invasive and this reduces risk and treats patients safely.



Q The hospital has successfully treated Kazakh judo player, Yedos Smetov, by its endoscopic procedure and rehabilitation. What are non-surgical treatments for patients who feel overwhelmed to go under surgical procedures?

Korea has developed the world's first cell and gene therapy for osteoarthritis which is a non-surgical treatment. It's a medicine with an anti-inflammatory gene and it effectively treats osteoarthritis of the knee through a single intra-articular injection. As a result, it reduces inflammation in the knee joint and pain. There has been a successful case of a patient from the UAE, who had been suffering from degenerative arthritis for many years, received the gene therapy injection and knee pain was treated effectively.

Q Why is it important to have an appropriate treatment phase and timing based on patients' conditions of spine and joint problems?

To treat spine and joint diseases, it's vital to choose an appropriate procedure based on the phase and condition of the disease. When a patient needs an operation due to paralysis or unstable spinal cord, if an inappropriate treatment is conducted there could be irrevocable results to worsen the conditions. Furthermore, there could be redundant surgeries while a simple procedure or endoscopic treatment can treat adequately. This is why patients need to choose the right hospital and experienced doctors who can handle all stages of the disease.

Successful Infertility Treatment & Sophisticated Postpartum Care

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One of the reasons why international patients come to Korea for infertility treatment is that it has a high IVF success rate.

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Q How can patients choose fertility treatment and Obstetrics and Gynecology hospitals in Gangnam?

A personalized treatment should be provided after a thorough screening of infertility cause. If a lump is found in the uterus or ovary, it can be removed by a laparoscopic surgery and help natural pregnancy. If natural pregnancy is difficult, IVF (In Vitro Fertilization) treatment is conducted. This requires a specialist and also hospital should be equipped with a state-of-the-art IVF laboratory for IVF procedure and embryo management.

Q Could you tell us about the procedure for IVF treatment as Gangnam is famous for it?

The IVF procedure takes about a month. If a patient visits at the right menstrual cycle, she will receive fertility medication injections for 7 to 10 days, then the growth process will be monitored by ultrasonography and hormone test. Under general anesthesia, eggs are retrieved by vaginal ultrasound and they are fertilized on the same day. Once the

CHA Gangnam Medical Center
Professor,
Eun-mi Cheng, MD



embryo has been formed, the embryo is incubated in a special incubator for 3-5 days. On the 3rd or 5th day, the developed embryos are transferred into the uterus and the pregnancy can be confirmed by the blood test two weeks after the egg retrieval. Many foreign patients who had a hard time with infertility treatments, have visited Korea and gone back home with great results.



Q Korea is known for its well developed postpartum care culture. Can you introduce Gangnam postpartum care center system?

An increasing number of international patients are coming to Korea to give birth. There are numerous cases where after a successful IVF treatment, they come back to Seoul for delivery as well. There are many postpartum care centers in Gangnam which are affiliated to obstetrics & gynecology hospitals. A perfect care service of massage and nutrition are provided to new mothers who are both physically and mentally exhausted after their delivery. They also help new mothers with breastfeeding and bathing newborns.



Experience the expert skills of Korean medical tourism, then go shopping to the streets of Gangnam.

 CHINA | Anti-aging Procedure

My skin looks so rejuvenated and firm that I feel like I'm in my 20s again!

DETAILS OF TREATMENT

CU CleanUp Dermatology

Facelift

Smile Lines & Under Eye Fillers

A friend who had recently visited Korea came back looking like she was 20 again. I was so surprised that I asked her what had happened in Korea, and she said she had a thread lift. Immediately, I took a vacation from work and got on a flight to Korea. I made a reservations and met the doctor on my first day. He said that people have different skin types so different people need different procedures. After the consultation I decided to get jaw contouring surgery, and thread lifting, which allows collagen regeneration of the dermal layer of the skin. Because of my age, they had to use 4 long and 8 short threads to lift the skin, and I also had fillers on my smile lines and under eye wrinkles. After an hour in the OR, I looked in the mirror and it was a miracle, my sagging face was nowhere to be found. My face was wrinkle-free, and I saw my jawline again for the first time in 10 years. I had little to no swelling, so I was able to do some shopping for the remaining 3 days. I am very grateful to the doctor for giving me confidence.

 CHINA | Anti-aging Procedure

20 years of worry solved in 10 minutes. I love my new face!

DETAILS OF TREATMENT

Modelo Dermatology

Cheekbone Botox and Cheek Filler

Since my adolescence, I was very insecure about the my looks. I practically had no cheeks, the bags under my eyes made me look tired all the time and didn't like my face over all, but at the time I was too young to even think of surgery. After much research I got to meet the doctors at Modelo Clinic. The procedure was fast and accurate and most importantly painless. I specially liked how the doctor showed me the progress of each procedure. The doctor had said that with a little work on the inside of the cheek I'd look a lot prettier, and he really did work wonders. He injected fillers and Botox on my cheek bones and the inside of my cheeks and I was a whole new person. There was no pain nor bruising, and the swelling was so minimal that I looked completely fine in 2 days. I used to cover my face with my hair, but after visiting Modelo, I am confident with the way I look. Thank you for changing my life.





The one-stop service includes detailed consultations to help choose exact procedure/surgery needed, and caretakers to help healing and recuperation.

 AUSTRALIA | Anti-aging Procedure

I think my new look says it all

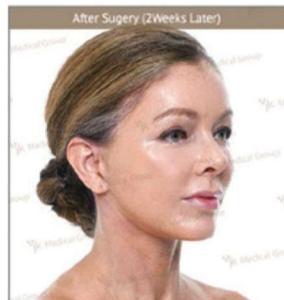
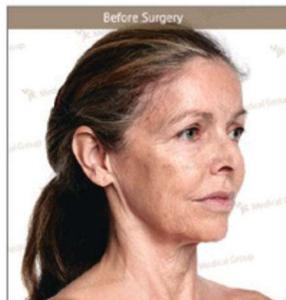
+ DETAILS OF TREATMENT

[JK Plastic Surgery](#)

Face & Neck lifting, Eyelid surgery

Facial Fat Transfer, Nose Revision Surgery

Once I decided to get this procedure done, I did a lot of research on cosmetic surgeons in London, Beverly Hills, Australia and other places, and found that JK Plastic Surgery Center was very experienced, specially with foreign patients. I did the online consultation first, and they were very kind, honest and quick to respond so I decided to get my procedure there. Dr. Bae, who was in charge of the surgery, listened to what I had to say, and the staff was very professional and friendly. I got a face and neck lift, double eyelid surgery, a minor rhinoplasty, and a facial fat transfer. The result was great! My husband loved my new look. In Australia, usually one doctor does all the procedures during the surgery alone. But at JK they have a specialist for each field, so it took less time, and was less stressful on the body. I think this is a very important factor when considering plastic surgery, specially at a later age. I love my results, and I highly recommend JK Plastic Surgery Center.



 THAILAND | Facial Fat Grafting

From pre-surgery preparations to post-surgery care and shopping in Gangnam and Sinsa-dong, I got the full package.

+ DETAILS OF TREATMENT

[View Plastic Surgery](#)

Fat Transplantation

I'm a YouTube influencer in Thailand and naturally get seen a lot by many people, so what's most important about getting plastic surgery are the results. The first time I visited View was last year. I'd come for a nose reconstruction and facial fat transplantation. I was very happy and satisfied with the results so I decided to come back for a second fat transplant. They said combining PRP (Platelet-Rich Plasma) with fat grafting showed more promising and longer-term results. PRP+fat injections naturally filled up the sunken and hollow areas on my face making me look much younger. The clinic is located near Gangnam and Sinsa-dong, so I was able to go out shopping right after the procedure, and because they offered a laser treatment that reduces swelling, I was able to go right back to work when I arrived home. From airport pick-up to interpretation services and post-surgery care, View offers an all-in-one service that I just keep coming back for. I am very grateful to the doctors and staff at View for making me a prettier and better person. Thank you!





Look for highly qualified and experienced surgeons in hospitals in Gangnam

 KAZAKHSTAN | Vascular Surgery

Thank you for saving my legs.

 TREATMENT CONTENTS

Samsung Medical Center

Coronary Angiogram and Bypass Due to Acute Arterial Occlusion

I used to have heart problems and was also diabetic, and atherosclerosis didn't make life easy at all. I had 2 stent procedures in Kazakhstan but didn't help much, and at a hospital in Moscow I was diagnosed with acute arterial obstruction and said I may lose my legs. A friend who was treated and recovered at Samsung Medical Center highly recommended the hospital. I sent my CTs other paperwork to the International Health Services at Samsung Medical Center and was told that surgery was possible. After arriving in Seoul, I checked in to the hospital, did a few additional tests, and the next day I received a coronary angiogram and bypass. Although early symptoms of acute arterial obstruction only include pain, it is referred to as a serious illness because if not treated in time nerves and muscles can weaken and ultimately cause paralysis. If the International Health Services at Samsung hadn't responded as quickly as they did, I could have been in danger. I am very grateful to the medical staff at Samsung Medical Center for helping me find a new life.

 RUSSIA | ENT Surgery

Thank you for gifting me and my family a new way of life!

 TREATMENT CONTENTS

Gangnam Severance Hospital

Total Laryngectomy with Partial Hypopharyngectomy

My first experience of Korea was in 2011 at K hospital. I had a bad hip and so I came for surgery and a health checkup, but during my checkout I found out I had laryngeal cancer. I knew that Korea had excellent medical technology, perhaps the best in the world, so I thought that if I got treatment in Korea I'd be okay, but the hospital said they couldn't do it. I was shocked and didn't know what to, but with the help of a friend I found a medical tourism agency that referred me to the Gangnam Severance Hospital. The first doctor I met seemed so sincere and trust-worthy that I decided to get treatment there right away. Finally after 3 surgeries and chemo-therapy, I was free of cancer! Although laryngeal cancer took my voice, it had not taken my life and I had my family with me. But yet another miracle happened. When Dr. Choi told me about artificial vocal cord surgery I cried tears of joy. When I recover from surgery and I get my voice back, I'd like to tell my wife that I love her very much.





If you're having a hard time finding the surgeons you need at home, then hurry to Korea. And remember: the sooner the better.

 FRANCE | Orthopedic Surgery

My 35-year old back pain is gone!

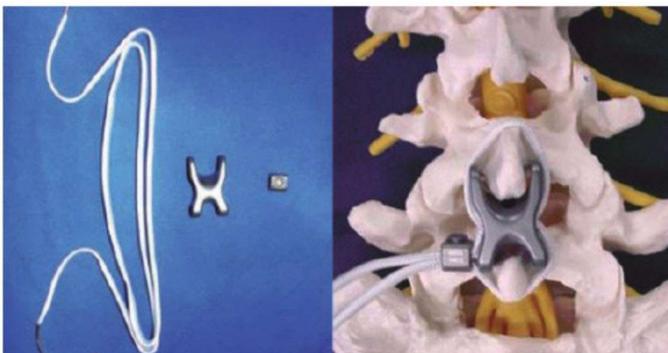
TREATMENT CONTENTS

Wooridul Hospital

Soft Stabilization with Intraspine

Percutaneous Endoscopic Lumbar Surgery/Carpal Tunnel Surgery

I injured my back 35 years ago in a ski accident and I've lived a very painful life since then. Hospitals in France told me that the injury wasn't severe enough for surgery and said they could prescribe painkillers or suggested physical therapy. One day I saw a Korean LPGA golfer playing in the field after back surgery, so I after days of research and asking around I learned about Wooridul Hospital. I was told that if I wanted to continue skiing or golfing, I had to undergo artificial ligament insertion and endoscopic disc plastic surgery with disc preservation surgery. It was a minimally invasive surgery performed without anesthesia, and after an hour of recovery, I was able to stand up and move my arms and legs without pain. If I had gotten such big operation in France, it would have taken 2 to 6 months to fully recover. When I told them that I didn't have much time and needed to get back to work right away, I was impressed to see the doctors discuss the type of treatment and procedure needed to be done. Thanks to them I am living a very pleasant and pain-free life.



 RUSSIA | Surgery for Undiagnosed Rare Disease

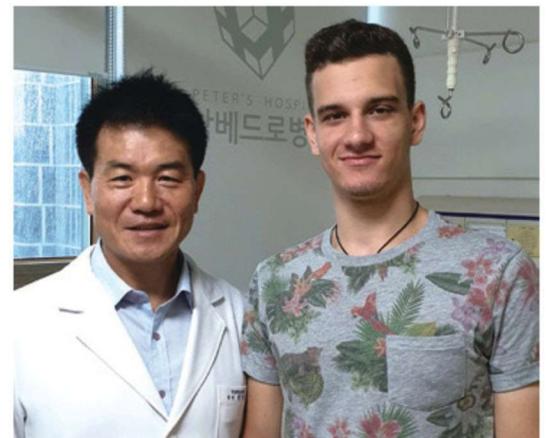
After surgery to repair my painful joint, I am pain free, and can sleep better at night.

TREATMENT CONTENTS

St. Peter's Hospital

Chiari Malformation

The first time I felt weakness in my legs was back in November of 2017, and as time went by, I also felt pain. I got X-rays and MRIs at hospitals and even consulted various orthopedics, neurologists and neurosurgeons but did not get a clear answer. I tried manipulative therapy but the pain got worse and by March of 2018 the simple act of sitting down or walking became too painful. I looked into several hospitals in Korea, and decided on St. Peter's. I arrived in Korea on April 3rd 2018 with my father, and our coordinator Irina helped us through the process of getting my back checked up. The doctor said that it might be Chiari Malformation and sent to me get more tests including a brain scan. It turned out to be Chiari Malformation and I was able to get up on my own two feet the day after surgery. The facility and equipment are of excellent quality, and the doctors, nurses and interpreters are very kind and sincere.





If you trust your doctor and get treatment, You'll see hope for a new life



MONGOLIA | Oral & Maxillofacial Surgery

I chose a hospital that would do it right.

+ TREATMENT CONTENTS

EU Oral & Maxillofacial Surgery

Corrective Jaw Surgery

Revision Facial Contouring

I was always unhappy with the way I looked, so I had jaw and cheekbone reduction surgery at a hospital in Korea. But after the surgery I saw signs of facial asymmetry, and after much thought, I decided to get revision surgery. This time I went to the Gangnam Medical Tour Center and had consultations at 3 hospitals. I was going to Korea alone, so I needed a hospital with a good caretaker, and of course good at facial contouring surgery. After much research and thinking I decided on EU Oral & Maxillofacial Surgery. I wanted to be extra careful and wanted good results so I met with the doctor at least 3 times before I made my decision. The results were great! My face is symmetrical, balanced and I look great. Six months after surgery I went back for a check up and get surgical pins removed. It was a sudden visit, but everyone was very kind and welcoming.



KAZAKHSTAN | ENT Surgery

Ever since the surgery, I've been told that I have a nice voice!

+ TREATMENT CONTENTS

Yeson Voice Center

Percutaneous Injection Laryngoplasty

After 2 neurological surgeries in Kazakhstan, I started losing my voice. After much research, my daughter found information about Yeson Voice Center on the internet. I had heard good things about Korean medical technology, so I went to Yeson Voice Center and had percutaneous injection laryngoplasty. On the first visit to the hospital, they ran several tests on my voice and throat, and had surgery the next day, which only took about 30 minutes. I was discharged that night, and told to come back in 5 days for a check up. They told me that in my case, I needed to refrain from using my voice for 2 months, and I had to send laryngoscopies to Dr. Kim for regular check ups. I used to have a hoarse voice and had difficulty talking to people, but thanks to Yeson, I get compliments about my voice! Thanks to Yeson Voice Center's care and kindness, I have good memories of Korea.



Cancer patients also receive psychiatric treatment in order to improve their quality of life, and infertility treatment includes family-like love and care.

 KAZAKHSTAN | Health checkup

**Fast and accurate health checkup.
I was surprised everything could be
done in one day**

+ TREATMENT CONTENTS

Gangnam Severance Hospital

Premium Checkup

I am a very busy singer and actor in Kazakhstan. I am very health conscious, so I get regular health checkups here, but I can't trust the hospitals in my country 100%. After hearing of Korea's outstanding medical technology, my mother and I decided to try medical tourism in Korea. We went to Gangnam Severance Hospital to get health checks and were so surprised to hear that the entire process could be done in one day, and in one place. Usually in Kazakhstan, you have to go to several different hospitals, which use old equipment so the results aren't accurate, and the cost is a lot more expensive. I was especially worried about my mom's colon, but the endoscopy, which also included removal of polyps, was very convenient. We were both very satisfied, and we will definitely come back!



 RUSSIA | Health checkup

**I was very satisfied with the
health checkup and the kind service**

+ TREATMENT CONTENTS

Gangnam Severance Hospital

Basic Checkup

I was recommended to get a health check up at Gangnam Severance Hospital by friends. I spoke to my coordinator through email and we decided on the right program for me. When I arrived in Korea, I received a prep-kit for my colonoscopy and took the medicine as instructed one day prior to my checkup. I arrived at Severance Hospital at 9AM and met with my coordinator, who was very kind and friendly. Then I changed into the a hospital gown and began with a blood test, then ultrasound, breast x-ray and the endoscopy. The checkup lasted about 3 hours including the colonoscopy. It was great that I could use sedation for my endoscopy and colonoscopy, and they did a polyps removal, which was even greater. The results were out in 3 days, so I went back to see the results, which were explained to me in great detail in Russian. The nurses and doctors were very kind and helpful.





Amazing medical techniques & warm-hearted staff put patients first

 JAPAN | Korean Traditional Medicine

There were no side effects, and thank you for being so understanding of my condition.

+ TREATMENT CONTENTS

Lee Moon Won Korean Medicine Clinic

Hair Loss Treatment

I went to a university hospital in Japan and got steroid injection, but saw no improvements. My hair loss was a big problem and very stressful. The most important thing was to stop hair loss, so I went to Lee Moon Won Korean Medicine Clinic, which is a famous hair loss clinic. I had already lost about 1/3 of my hair, and my scalp was in bad condition. I stopped taking my old medication, and changed to the medicine prescribed by Lee Moon Won. My treatment included seborrheic dermatitis, herbal medicine and rh-2 spray for hair loss and immunity, rh- inflammatory (before shampooing). I also got an intensive 2-month treatment of regenerative medicine and acupuncture with natural pack and high frequency scalp treatment. Currently, I am very happy and satisfied with the progress. I will be going to Lee Moon Won every time I visit to Korea.



 U.S.A. | Korean Traditional Medicine Spine Treatment

Non-surgical traditional Korean medicine treatment made me feel so much more comfortable and happy.

+ TREATMENT CONTENTS

Jaseng Hospital of Oriental Medicine

Herniated Disc & Spinal Stenosis Treatment

I have been suffering from severe back pain, and when I visited Korea for my son's wedding, my daughter-in-law suggested that I go to Jaseng Hospital of Korean Medicine, which specializes in non-surgical treatment. I had tried cortisone shots and painkillers back home, but didn't get much better. My back pain was so severe that it affected my legs and caused a limp, making it so hard to walk that I was seriously considering getting a wheelchair. When I went to Jaseng they ran a few tests including X-rays and MRIs and I was diagnosed with herniated disc and spinal stenosis. The hospital said it was quite severe and recommended hospitalization. I was prescribed herbal medicine with acupuncture and "Chuna" manipulative treatment, as well as physical therapy for 3 weeks. When I was released from the hospital back felt much better, and I had no problem walking. I am back home and I still take herbal medicine, and get acupuncture and spinal manipulation. Thank you.



THE MEDICAL TOURISM FACILITATOR

HEALTHCARE FACILITATION
FOR INTERNATIONAL PATIENTS



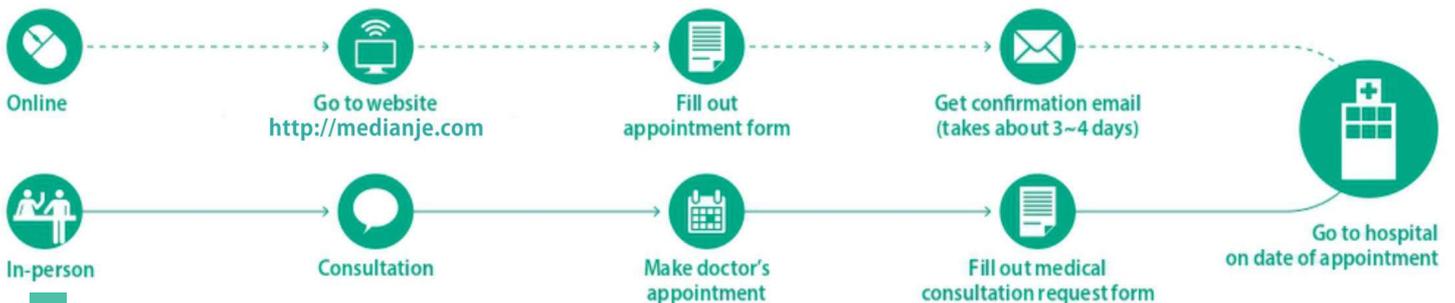
Medical Treatment & Tourism in Gangnam

ACP MEDIANJE TOUR KOREA



From airport pickup to medical tourism consultations, hotel reservations, interpretation services and nearby tourist attractions, this medical tourism information center provides all you need to know about tourism and medical treatments in Gangnam. It also offers free traditional Korean medicine experience, tea therapy and trying on *hanbok* (traditional Korean clothing), and special facials and treatments are also available through the ReBorn Program.

Consultation Reservations





ACP Medianje Tour Korea Experience Programs



Free Experience
Zone



Medi Tour
(visit affiliated
medical facilities)



Traditional
Korean Medicine
Experience Class

The Center offers various activities at the Experience Zone such as skin analysis, blood pressure readings and InBody checks, and you can also make doctor's appointments if needed.



Visitors can also see and experience hallyu.

Specialized Medical Program

Skin Care Program



Water:
Moisturizing



Wrinkle: Skin
Tightening



Beauty: Skin
Whitening

Special Program



Spine
Health



Dental
Health



Scalp
Care

You can choose the skin care or treatment you need and get the "Gangnam treatment." You can get a facial after a long flight, a Western+Eastern medicine spine checkup, teeth scaling or whitening, or a scalp treatment.



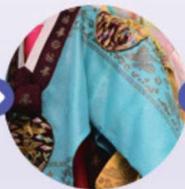
ACP Medianje Tour Korea Half-day Medical Tour



Visit Gangnam
Medical Center



Traditional
Korean Medicine
& Medical
Experience



Hallyu
(Gangnam
Walking Tour)



ReBorn Water or
Beauty program
(from US\$90 and up)

Walk K-Star Road with a tour guide and enjoy a facial at a reasonable price. You can also participate in various programs such as making medicinal herb face mists and scented pouch.





After your medical
experience,
**ENJOY A TOUR OF
GANGNAM**



*The Gangnam Tourist
Information Center is
Here to Help!*

This is an all-inclusive service center where international tourists can find information on tourism (including Gangnam City Tour Bus), medical tourism (including consultations), *hallyu* activities and souvenir shop, and more.

Traditional & Contemporary in One City



KUKKIWON

Taekwondo is a Korean martial arts, and Kukkiwon is the world taekwondo headquarter that communicates with athletes from more than 200 countries around the world. Visit Kukkiwon to see the Korean spirit and culture.

⇒ 15-minute walk from Exit 12 of Gangnam Station



SEOLLEUNG & JEONGNEUNG ROYAL TOMBS

Registered as UNESCO World Heritage in 2009, these are tombs of kings and queens of the Joseon Dynasty. The park area surrounding these ancient tombs are great for a stroll.

⇒ 10-minute walk from Exit 8 of Seolleung Station



GANGNAM TROLLEY BUS

This tourist trolley goes around Gangnam Station, Garosugil Road, Coex mall and various other tourist sites in Gangnam. If you purchase a ticket, you can hop on and off wherever you want.

⇒ In front of Gangnam Tourist Information Center, Exit 11 of Gangnam Station

₩ Adults 15,000won

*closed on Mondays

STARFIELD COEX MALL

This cultural complex is comprised of a multiplex theater, an aquarium, restaurants, clothing stores, and much, much more. The SM Town Artium for *hallyu* fans, and the 13-meter-tall bookshelf at Starfield Library are especially popular.

⇒ Connecting from Exit 6 of Samseong Station

⌚ 10:30–22:00



BONGEUNSA TEMPLE

This ancient temple was established in 794 during the Silla era. It offers overnight templestay programs as well as 1-day temple life programs. Activities include tea ceremony, meditation, making lanterns, Buddhist worship, and more.

⇒ 15-minute walk from Exit 6 of Samseong Station



Galleria Department Store, K-Star Road & Cheongdam-dong Luxury Fashion Street

SM Entertainment Communication Center, FNC Entertainment

Luxury Shopping & Hallyu Tour



GALLERIA DEPARTMENT STORE

Louis Vuitton, Chanel, Hermès and other international luxury brands as well as global fashion trends can be seen here. Also popular are Grocerant (Grocery + Restaurant) and Gourmet 494 on the West wing. Some 30 famous eateries where you can try Seoul-style bulgogi, Japanese sushi, Vietnamese noodles or more are clustered here.

- ☞ Exit 7 (West wing) or 2 (East wing) of Apgujeong Rodeo Station
- 🕒 Mon–Thu 10:30–20:00 (until 22:30 Fri–Sun)

K-STAR ROAD

The 1.08km street from Apgujeong Rodeo Station to Cheongdam Sageori (intersection) is lined with large art toys (Gangnamdol) designed after famous *hallyu* bands. You can see many fans posing next the EXO, BTS, and other dolls.

- ☞ Exit 2 or 3 of Apgujeong Rodeo Station

CHEONGDAM-DONG LUXURY FASHION STREET

The main road that stretches from Cheongdam Sageori (intersection) to the Galleria Department Store is dotted with many luxury brand shops like Dior, Burberry, Gucci and more. Also popular in the area are multi-brand concept shops like Boon the Shop and 10 Corso Como.

- ☞ Exit 3 of Apgujeong Rodeo Station



SM ENTERTAINMENT COMMUNICATION CENTER

Here you can buy CDs, posters and other goods of your favorite SM artist, and there is also a coffee shop, a restaurant and a market. SUM Café on the 1st floor serves snack and trendy menus like *tteokbokki* (spicy rice cake) and *chi-maek* (chicken and beer).

- ☞ Exit 6 of Cheongdam Station 🕒 Café 09:00–22:00, Restaurant 11:30–22:00



FNC ENTERTAINMENT

This agency represents CNBlue, AOA and many more *hallyu* stars. FNC was featured in tvN's reality TV show Cheongdam-dong 111.

- ☞ 46 Dosan-daero 85-gil, Gangnam-gu, Seoul (10-minute walk from Cheongdam Sageori)

Gangnam Café Tour + Beauty & Healing Experience



GAROSUGIL & SEROSUGIL CAFÉ TOUR

Approximately 700m-long, Garosugil is lined with tall ginkgo trees and is very popular among young and trendy people. The main street is dotted with unique and trendy shops, cafés and restaurants, and the alleys stemming off Garosugil, called "Serosugil," are lined with cozy desert cafés and trendy concept stores.

📍 5-minute walk from Exit 8 of Sinsa Station

HORIM ART CENTER

Located within the Horim Art Center is the Sinsa branch of Horim Museum, which exhibits Korean antiques, and also houses a museum shop. It is more famous for its beautiful architecture designed after traditional Korean earthen and comb-patterned pots.

- 📍 15-minute walk from Exit 3 of Apgujeong Station (3-minute walk from Dosan Park)
- 🕒 10:30–18:00 (closed Sundays)



DOSAN PARK

Named in honor of patriotic hero Dosan Ahn Chang Ho, this park is ideal for light walks. There are many fine dining restaurants, cafés and wine bars near the park, and because there are also many beauty salons with star-studded clientele, Korean celebrities are easily spotted in the area.

- 📍 15-minute walk from Exit 3 of Apgujeong Station



SULWHASOO FLAGSHIP STORE

Sulwhasoo is a Korean cosmetics brand known for using grass, flower, trees and leaves as their main ingredients. The traditional Korean medicine anti-aging spa, which uses their "functional cosmetics" line, and the 30/60-minute massage program are very popular.

- 📍 In front of Dosan Park entrance
- 🕒 10:00–21:00 (closed first Mondays of month)



Peaceful Healing, Premium Spas & Aesthetics in Gangnam

Take time out to experience Spa 1899's red ginseng energy and Ohui's one-on-one personalized therapy.

Spa 1899, Daechi Main Office

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- 📍 Exit 2 of Samseong Station, Subway Line 2
- 🌐 www.spag.co.kr

OHUI SPA

- 📍 2F, 52 Hakdong-ro 21-gil
- ☎ +82-2-3442-5252
- 📍 Exit 1 of Sinsa Station, Subway Line 3





ACP Medianje Tour Korea Cooperative Organizations

GENERAL HOSPITALS

Gangnam Severance Hospital	📍 211 Eonju-ro	☎ +82-1599-6114	🌐 gs.severance.com
Samsung Medical Center	📍 81 Irwon-ro	☎ +82-1599-3114	🌐 www.samsunghospital.com

DERMATOLOGY

Arumdaun Nara Beauty Clinic Group	📍 Mijin Plaza Bldg. Floor 12, 390 Gangnam-daero	☎ +82-2-3420-2250	🌐 www.anacli.co.kr
Apgujeong Oracle Dermatology	📍 Miseong Bldg. Floor 4, 23 Apgujeong-ro 30-gil	☎ +82-2-544-2777	🌐 oracleagj.com
Cheongdam Oracle Dermatology	📍 Hanil Bldg Floors 1, 2 & 4, 612 Seolleung-ro	☎ +82-1800-7588	🌐 cd.oracleclinic.com
Cheongdam NB Clinic	📍 Rodeo Bldg. Floor 2, 772 Samseong-ro	☎ +82-2-543-5856	🌐 www.clinicnb.com
Clean Skin Clinic	📍 Songjae Bldg Floor 3, 432 Apgujeong-ro	☎ +82-2-3445-9101~3	🌐 www.cleanskinclinic.co.kr
CU CleanUp Dermatology	📍 Magellan 21 Asterium Floor 2, 17 Teheran-ro 87-gil	☎ +82-2-556-9070	🌐 www.upskinss.co.kr
Dermaju Skin Clinic	📍 Landmark Bldg. Floor 7, 607 Yeongdong-daero	☎ +82-2-549-9277	🌐 dermaju.com
HUSHU Dermatology	📍 Gujeong Bldg. Floor 3, 868 Nonhyeon-ro	☎ +82-1588-7536	🌐 hushuskin.com
Leaders Dermatology Apgujeong	📍 843 Eonju-ro (Floors 4 & 5)	☎ +82-1588-7833	🌐 www.beautyleader.co.kr
Modelo Dermatology	📍 Jin Bldg. Floors 4~6 459 Apgujeong-ro	☎ +82-2-591-5800	🌐 www.modelo.co.kr

KOREAN TRADITIONAL MEDICINE

Haneulche Korean Medicine Clinic	📍 9 Apgujeong-ro 30-gil (Floors 2 & 3)	☎ +82-2-517-4331	🌐 www.skybody.co.kr
Kwangdong Hosp. of Trad. Korean Medicine	📍 612 Bongeunsa-ro	☎ +82-2-2222-4888	🌐 www.ekwangdong.co.kr
Ja Hyang Oriental Medicine Clinic	📍 Miwang Bldg. Floor 6, 364 Gangnam-daero	☎ +82-2-3482-0075	🌐 www.jahyangmi.co.kr
Jaseng Hospital of Oriental Medicine	📍 536 Gangnam-daero	☎ +82-2-3218-2100	🌐 www.jaseng.co.kr
Lee Moon Won Korean Medicine Clinic	📍 33 Seolleung-ro 132-gil	☎ +82-2-511-1079	🌐 www.leemoonwon.com
Rebom Hospital	📍 7 Hakdong-ro 50-gil (Floors 2~4)	☎ +82-2-546-1357	🌐 www.re-bom.com
Soram Hospital of Oriental Medicine	📍 458 Bongeunsa-ro	☎ +82-1661-1115	🌐 www.soram.kr
KyungHee BoGung Korean Medicine Hospital	📍 626 Gangnam-daero (Floor 2)	☎ +82-2-543-0025	🌐 bogung.com

OPHTHALMOLOGY

Dream Eye Center	📍 Mijin Plaza Floor 14, 390 Gangnam-daero	☎ +82-2-554-8400	🌐 www.hellolasik.com
Eyereum Eye Clinic	📍 Kangnam Center Bldg. Floors 6 & 7, 388 Gangnam-daero	☎ +82-2-3420-2020	🌐 eyereum.com
Healing Eye Clinic	📍 808 Tower Floor 11, 470 Gangnam-daero	☎ +82-2-566-1222	🌐 www.healingeye.co.kr
Seoul BalgeunSeSang Eye Clinic	📍 Hanyang Town Bldg Floors 2, 6 & 7, 823 Seolleung-ro	☎ +82-2-3443-0800	🌐 www.iloveeye.com



DENTISTRY

A Plus Dental Clinic	📍 A Plus Bldg, Floors 4~6, 860 Eonju-ro	☎ +82-2-3442-7575	🌐 www.aplusdental.co.kr
Be Okay Dr. BOK Dental Clinic	📍 Bongyeong Bldg, Floor 4, 208 Apgujeong-ro	☎ +82-2-515-2828	🌐 www.bokdental.co.kr
EU Oral & Maxillofacial Surgery	📍 Rex Tower Floor 2, 108 Dosandae-ro	☎ +82-2-547-0101	🌐 eudental.co.kr
Good Life Dental Hospital	📍 476 Gangnam-daero (Floor 4)	☎ +82-2-3446-2755	🌐 www.goodlifedental.co.kr
Hus+Hu Dental Clinic	📍 868 Nonhyeon-ro (Floor 3)	☎ +82-2-1577-7928	🌐 hushudental.com
Magic Kiss Dental Clinic	📍 162 Apgujeong-ro #105 (Floor B1)	☎ +82-2-3452-8275	🌐 mkissdent.kr
Oaks Dental Clinic	📍 A-Tower Floor 7, 105 Teheran-ro	☎ +82-2-555-6633	🌐 oaksdental.co.kr
Seoul Children's Dental Center	📍 11 Hakdong-ro 97-gil	☎ +82-2-515-0926	🌐 www.childent.com
S-PLANT Dental Hospital	📍 410 Dosan-daero (Floors 3~8)	☎ +82-2-512-0700	🌐 splant.co.kr
The Star Dental Clinic	📍 Lex Tower Floor 11, 108 Dosan-daero	☎ +82-2-3444-8886	🌐 thestar-dental.com
Minish Dental Clinic	📍 728 Eonju-ro	☎ +82-1899-2854	🌐 dentaltoday.co.kr
UC Gangnam Dental Clinic	📍 APP Tower Floor 4, 209 Bongeunsa-ro	☎ +82-2-3448-4524	🌐 ucgangnam.com
Zeah Dental Clinic	📍 Changrim Bldg, Floor 4, 416 Gangnam-daero	☎ +82-1644-1974	🌐 www.zeahdental.com

SPINE & JOINT

Ahnkang Hospital	📍 Apollo Bldg Floors B1 & 4~8, 327 Eonju-ro	☎ +82-1899-3210	🌐 www.ahnkang.com
Medrex Hospital	📍 705 Nonhyeon-ro (Floors B2~8)	☎ +82-2-6011-6000	🌐 www.medrex.kr
St. Peter's Hospital	📍 2633 Nambusunhwan-ro	☎ +82-1544-7522	🌐 www.goodspine.org
Wooridul Hospital	📍 445 Hakdong-ro	☎ +82-2-513-8000	🌐 gangnam.wooridul.co.kr

OTOLARYNGOLOGY

Soree Ear Clinic	📍 435 Hakdong-ro (Floors B1, 2 & 4)	☎ +82-2-542-5222	🌐 www.soreeclinic.com
Yeson Voice Center	📍 Ssangbong Bldg, Floor 2, 874 Eonju-ro	☎ +82-2-3444-0559	🌐 www.yesonvc.com

OBSTETRICS & GYNECOLOGY

CHA Gangnam Medical Center, CHA Univ.	📍 566 Nonhyeon-ro	☎ +82-2-3468-2632	🌐 gangnam.chamc.co.kr
Choi Sang Women's Clinic	📍 Eunseong Bldg, Floor 2, 116 Bongeunsa-ro	☎ +82-2-565-0505	🌐 www.choisang.com
Riz Laser Center	📍 127 Dosan-daero (Floors 3 & 4)	☎ +82-2-540-8811	🌐 womanlaser.com
SOMSSI, The Best-Skilled OBGYN Clinic	📍 JB Miso Bldg, Floor 6, 841 Nonhyeon-ro	☎ +82-2-575-4888	🌐 www.ipigood.com



HEALTH CHECKUP

Life Center Chaum	● Pien Polus Floors 2 & 3, 442 Dosan-daero	☎ +82-2-3015-5353	🌐 www.chaum.net
Seoul Nat. Univ. Hospital Gangnam Center	● 152 Teheran-ro (Floors 38~40)	☎ +82-2-2112-5500	🌐 healthcare.snuh.org
Vievis Namuh Hospital	● 627 Nonhyeon-ro (Floors 2~11)	☎ +82-2-519-8800	🌐 www.vievisnamuh.com

COSMETIC SURGERY

Apgujeong Seoul Plastic Surgery	● 840 Nonhyeon-ro (Floors B2~3, 5 & 6)	☎ +82-2-547-5100	🌐 www.asps.co.kr
April 31 Plastic Surgery	● Geonwu Bldg. Floors 6 & 7, 548 Gangnam-daero	☎ +82-2-540-6777	🌐 www.april31.co.kr
Atop Plastic Surgery	● 10 Gangnam-daero 94-gil	☎ +82-2-555-0410	🌐 www.atopps.com
Banobagi Plastic & Aesthetic Clinic	● 517 Nonhyeon-ro (Floors 1~6)	☎ +82-2-562-6001	🌐 www.banobagi.com
Beauty Line Plastic Surgery	● Mi-hea Bldg. Floor 12, 590 Gangnam-daero	☎ +82-2-544-0600	🌐 www.beauline.co.kr
Bio Plastic Surgery	● 107 Dosan-daero (Floors 2~4)	☎ +82-2-535-9000	🌐 biopskorea.com
BK Plastic Surgery	● 106 Dosan-daero (Floors 3~11, 13 & 14)	☎ +82-2-544-0404	🌐 www.bkhospital.com
CBK Plastic Surgery	● Sanggyeong Bldg., Floor 7, 120, Teheran-ro	☎ +82-2-567-5518	🌐 www.cbkps.com
Cheongdam U Plastic Surgery	● 6 Samseong-ro 145-gil (Floors 2 & 3)	☎ +82-2-540-2415	🌐 cheongdamu.co.kr
Dream Plastic Surgery	● 848 Nonhyeon-ro (Floors 2, 5, 6, 7 & 10)	☎ +82-2-546-1616	🌐 www.e-dream.co.kr
Euro Plastic Surgery	● Cheongdam Square A Floor 4, 420 Dosan-daero	☎ +82-2-540-0770	🌐 www.euroclinic.co.kr
Gami Plastic Surgery	● A Tower Floor 13, 105 Teheran-ro	☎ +82-2-567-0082	🌐 gamips.co.kr
Glovi Plastic Surgery	● EGI Bldg Floor 7, 843 Nonhyeon-ro	☎ +82-2-515-3399	🌐 www.glovips.com
GNG Hospital	● 626 Yeongdong-daero (Floors 2~10)	☎ +82-1522-2030	🌐 www.gngface.co.kr
HERSHE Plastic Surgery	● 502 Dosan-daero (Floors 6 & 7)	☎ +82-2-511-3911	🌐 www.hershe9.com
ID Hospital	● 142 Dosan-daero (Floors B3~5 & 7~16)	☎ +82-2-547-0050	🌐 www.idhospital.com
iWell Plastic Surgery Center	● EGI Bldg Floor 2 & 6, 843 Nonhyeon-ro	☎ +82-2-542-2017	🌐 www.iwellps.com
JK Plastic Surgery Center	● JK Bldg., 835 Nonhyeon-ro	☎ +82-2-777-7797	🌐 www.jkplastic.com
JW Plastic Surgery	● 553, Samseong-ro	☎ +82-2-541-5114	🌐 www.jwbeauty.com
Kim Hyoung Jin New-Line Plastic Surgery	● 824 Nonhyeon-ro (Floor 4)	☎ +82-2-544-5222	🌐 www.drkhj.com
MISOU Plastic Surgery	● 480 Gangnam-daero (Floor 3)	☎ +82-2-545-0220	🌐 misou.co.kr
Noh Jonghoon Plastic Surgery	● Karo City II Floors 3 & 4, 156 Apgujeong-ro	☎ +82-2-515-5300	🌐 www.njhclinic.co.kr
Olive Plastic Surgery Clinic	● Gangnam8258 Bldg. Floor 8, 376 Gangnam-daero	☎ +82-2-516-3323	🌐 www.oliveclinic.com
Ruby Plastic Surgery	● Rex Tower Floors 9 & 10, 108 Dosandaero	☎ +82-2-1661-8897	🌐 www.rubyps.co.kr
S Propose Plastic Surgery	● First-avenue Bldg. Floors 2~4, 104 Dosan-daero	☎ +82-2-548-8836	🌐 www.sproposeps.com

The M Plastic Surgery	158 Apgujeong-ro (Floor 2)	+82-1899-0834	www.the-mps.com
The Plastic Surgery	868 Nonhyeon-ro (Floors 5 & 6)	+82-1644-5998	theclinic.co.kr
TL Plastic Surgery	148 Apgujeong-ro (Floors B3~5)	+82-1599-7667	www.tlps.co.kr
Top Face Plastic Surgery	Apgujeong Bldg. Floor 4, 842 Nonhyeon-ro	+82-2-514-0035	www.topfaceps.com
TS Plastic Surgery	REX Tower Floors 12 & 13, 108 Dosan-daero	+82-2-512-7580	www.tsprs.com
View Plastic Surgery	107 Bongeungsa-ro (Floors 4, 5, 7~11, 13 & 14)	+82-2-539-1177	www.viewclinic.com
VIP Plastic Surgery	832 Nonhyeon-ro (Floors 1~5)	+82-2-514-1007	www.vipps.kr
VIU.U Plastic Surgery	Sigyetap (Clock Tower) Bldg Floor 7, 402 Gangnam-daero	+82-2-565-5010	viuu.co.kr
Wannabe Plastic Surgery	Gyumyeong Bldg. Floor 2, 839 Nonhyeon-ro	+82-2-541-8855	www.wannabeps.com
Well Plastic Surgery	First-avenue Bldg. Floors 5 & 6, 104 Dosan-daero	+82-2-518-0600	wellps.co.kr
Yujin Plastic Surgery & Esthetic	44 Teheran-ro 8-gil (Floors 2 & 3)	+82-1577-1711	www.theyujin.com
2060 OSkin Cosmetic Surgery	Seoyeong Bldg. Floor 7, 13 Teheran-ro 87-gil	+82-2-555-2324	www.oskinps.co.kr

OTHERS

Apgujung Be & Me Beauty Clinic	Rodeo Star Bldg. B Floor 2, 5-10 Apgujeong-ro 46-gil	+82-2-3445-1966	www.benme.co.kr
BLS Clinic	13-5 Dosan-daero 67-gil	+82-2-544-4841	blsclinic.com
Clinic Plate	13 Dosan-daero 53-gil (Floors 2 & 3)	+82-2-2039-7863	clinicplate.com
Dr. Kim's Stem Cell Clinic	Ssangbong Bldg. Floor 7, 874 Eonju-ro	+82-2-511-1101	www.hskclinic.com
JSME Clinic	Jun Bldg. Floor 7, 378 Gangnam-daero	+82-2-555-8601	www.korealeg.com
Lyhn Clinic	Casa Arete Bldg. Floors 3, 4 & 6, 467 Apgujeong-ro	+82-2-3448-3003	lyhndclinic.com
Stantop Urology & Andrology Clinic	107 Bongeunsa-ro Floors 2 & 6	+82-2-1522-7589	stantop.co.kr
Yonsei S Hospital	7 Hakdong-ro 4-gil (Floors B1~4)	+82-2-2156-8888	www.yssh.kr

DEPARTMENT OF SURGERY

Evita Clinic	Burda Moon Bldg. Floor 5, 815 Nohyeon-ro	+82-2-549-1575	www.evitaclinic.co.kr
Hajung Vein Clinic	250 Gangnam-daero (Floor 5)	+82-2-577-1183	www.hajung.co.kr

HAIR LOSS

Dr. Ahn Hair Transplant	Gangnam Bldg. Floor 2, 647 Eonju-ro	+82-2-515-5858	www.hairmedical.co.kr
Dr. Hwang's "Hair Hair" Hair Transplantation Center	13 Dosan-daero 1-gil (Floor 2)	+82-2-545-5824	www.hairhair.co.kr
Woomchan Hair Transplantation Clinic	JB Miso Bldg. Floor B1, 841 Nonhyeon-ro	+82-2-518-8868	woomchan.co.kr

HOTELS

Aloft Seoul Gangnam Hotel	736 Yeongdong-daero	+82-2-510-9700	www.aloftseoulgangnam.com
Best Western Premium Gangnam	139 Bongeunsa-ro	+82-2-6474-2000	www.bestwesterngangnam.com
Capace Hotel	21 Eonju-ro 89-gil	+82-2-6205-3900	www.capace.co.kr
Gangnam Family Hotel	143 Bongeunsa-ro	+82-2-6474-1515	www.gangnamfamilyhotel.com
Grand Inter Continental Seoul Parnas	521 Teheran-ro	+82-2-555-5656	www.grandicparnas.com
Hotel Foreheal	117 Hakdong-ro	+82-2-2139-7605	www.foreheal.com
Ibis Styles Ambassador Gangnam	431 Samseong-ro	+82-2-3011-8888	ibisstyles.ambatel.com
InterContinental Seoul COEX	524 Bongeunsa-ro	+82-2-3452-2500	www.iccoex.com
Oakwood Premier Coex Center	46 Teheran-ro 87-gil	+82-2-3466-7000	www.oakwoodpremier.co.kr

AESTHETIC CENTERS & SPAS

Spa 1899, Daechi Main Office	KT&G Tower Floor B2, 416 Yeongdong-daero	+82-2-557-8030	www.spag.co.kr
OHUI SPA	52 Hakdong-ro 21-gil (Floor 2)	+82-2-3442-5252	ohuispanonhyun.modoo.at
Skin Foret	11 Nonhyeon-ro 167-gil (Floor 3)	+82-2-512-2355	www.skinforet.com

DEPARTMENT STORES

Hyundai Department Store	165 Apgujeong-ro	+82-2-547-2233	www.ehyundai.com
Galleria Luxury Hall	407 Apgujeong-ro	+82-2-2423-2322	dept.galleria.co.kr

PHARMACIES

Apgujeong Plaza Pharmacy	857 Nonhyeon-ro (Floor 1)	+82-2-511-3801	
UniPharm Seoul Pharmacy	109 Teheran-ro (Floor 1)	+82-2-556-7886	

MEDICAL TOURISM FACILITATOR

AP Tour Co., Ltd.	548 Gangnam-daero (Floor 4)	+82-2-543-2342	
Medical Korea Service	6 Teheran-ro 4-gil (Gangnam Station Central Prugio City)	+82-2-3394-7650	misooda.com
Temu	32 Dosan-daero 32-gil (Floor 5)	+82-2-6216-5208	temulc.com
WUYOUAIMEI	629 Nonhyeon-ro (Floor 4)	+82-2-2038-3988	www.verym.com

OTHERS

COEX	513 Yeongdong-daero	+82-2-6000-1125	www.coex.co.kr
KWTC Korea World Trade Center (KWTC)	511 Yeongdong-daero	+82-2-6000-0114	www.kita.net
Tea Therapy	16 Eonju-ro 173-gil (Floor 1)	+82-2-518-7507	teatherapy.com

OTHERS (BEAUTY & COSMETICS SHOPS)

Modam Korea	23-13 Samseong-ro 76-gil #101 & 102	+82-2-3453-7133	modamcosmetic.com
Rowa	20 Nonhyeon-ro 151-gil #201	+82-70-8833-8155	www.rowakorea.com

<http://medianje.com>
<http://anugrahcahayapelangi.com>

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